## Sign Up For Remind 2023

7th Grade Parents

Send a text to 81010 Text this message @mjh7b

## 8th Grade Parents

Send a text to 81010 Text this message @mjh8b

# **MONTGOMERY BEARS FOOTBALL**

#### Greg Faigle, Athletic Coordinator: <u>GREG.FAIGLE@misd.org</u>

- 24 years coaching experience
- Football Head Coach, Track
- Blinn Junior College, Mance Park Junior High, East Bernard High School, Waller High School, A&M Consolidated Middle School, Greenville High School, Pasadena Dobie High School, Navasota High School, Montgomery High School, Montgomery Junior High

#### Brad Teasdale: <u>BRADLEY.TEASDALE@misd.org</u>

- Football, 8TH Basketball, Track Head Coach:
- 23 years experience coaching
- Magnolia High School, Montgomery High School, Montgomery Junior High

### Edgar Straughter: EDGAR.STRAUGHTER@misd.org

- Football, 7TH Basketball, Track:
- 28 years coaching experience
- Richards, Montgomery Junior High

#### Caleb Winn: CALEB.WINN@misd.org

- Football, 8TH Basketball Head Coach, Track
- 8 years experience
- Lynnn Lucas Junior High, Montgomery Junior High

#### Trevor Seabrook: <u>Trevor.Seabrook@misd.org</u>

- Football, 7TH Basketball Head Coach, Golf Head Coach
- 3 years coaching experience
- Lynn Lucas, Montgomery Junior High

#### Jason Smith: Jason.Smith@misd.org

- Football, Track, Soccer Head Coach
- 1 year coaching experience
- Hofius Intermediate

#### **Montgomery ISD Athletic Department Philosophy for Student Athletes**

from Clint Heard, Director of Athletics at Montgomery ISD

#### The MISD Athletic Program will value the following:

- 1. We are about scholarship in Junior High and High School more than Athletic Scholarship in college.
- 2. We do value championships, but we value developing championship people more.
- 3. We value graduation more than winning.
- 4. We value educating our students more than entertaining the public.
- 5. We focus is on team, not the individual.
- 6. We focus on developing character, not characters.
- 7. We are an education-based program.

#### The Student Athlete & Junior High Athletics:

The primary goals are to teach, develop, and provide a positive environment for our students, teaching the fundamentals of each sport and making all participants feel as they are part of the team. <u>When our students leave Montgomery Junior High, they should have learned the following</u>:

- 1. To help others and to take correction without excuses or blame.
- 2. To tell the truth and play within the rules of the game and to understand the value of rules.
- 3. Understand that temper is not part of being a competitor, to win with humility, and lose with dignity.
- 4. To develop leadership skills.

#### **Our Coaching Staff Provides the Following:**

- 1. Provides a positive image and shows respect for players, parents and other coaching staffs.
- 2. Respects the integrity of officials and strives to produce teams that exhibit good sportsmanship.
- 3. Provides programs benefiting all participants and provides opportunities for multi-sport participation.
- 4. Creates an environment that promotes a positive culture & leadership development.
- 5. Practices self discipline, maturity, and establishes player safety as the highest priority.
- 6. Promotes the value of education and athletics in developing the complete student-athlete.



- 1. Every Coach is trained in First Aid, use of an AED, and CPR certified.
- 2. Coaches are trained to recognize symptoms of concussion.
  - immediately removed from game or practice
  - cannot return to play until return to play protocol has been completed.
  - must be cleared by doctor to start the 5 day protocol.
- 3. Coaches take precaution to prevent heat related issues.
  - water always available even when athletes are not on break.
  - heat index warning system and district guidelines are followed when levels are excessive.
  - (30 minute activity segments, 10 minute water breaks in shade, 1.5 hours of physical activity)
- 4. Lightning warning system in place and alerts are received by text.
  - when lightning is within 8 miles of practice field, athletes enter building & continue practice.
- 5. Locker rooms are supervised by coaches at all times before and after practices. After-practice car rider duty lines are monitored at all times.
- 6. Weight rooms monitored at all times when in use, proper techniques are continuously reinforced.
- 7. Proper football equipment is issued out to athletes, helmets are certified each year for use.
- 8. Athletic laundry is washed everyday at MJH by coaches.
- 9. Coaches will not let athletes practice who are not dressed appropriately. (Athletic shoes in weight room, cleats on field, mouthpiece)
- 10. Coaches are trained in proper football tackling techniques for the purpose of preventing injury.



#### Football Practice Information at MJH

- 1. Monday through Thursday to 5:00pm, Fridays to 4:30pm.
- 2. Players are expected to be at practice. Medical is excused with note from doctor.
- 3. Practice attendance is taken at the end of every practice.
- 4. Players are expected to participate, doctor notes are required for non-participation.
- 5. Players must provide their own cleats, all other equipment is issued by MJH.
- 6. A player can use his own helmet if first approved by Coach Faigle.
- 7. No visors on helmets will be allowed. Gloves are allowed (black, white, gray colors). Back pads, rib protectors are not necessary. Cold gear should be purple, black or white.
- 8. Lockers are provided to secure personal belongings. Players are responsible for locking the locker.
- 9. Cell phones are not to be out in the locker room at any time, they are to be kept in backpacks.
- 10. Clothing is washed everyday at MJH, should never be taken home.
- 11. Players are split into three teams to ensure the best opportunity to play & improve.
- 12. Proper dress is required everyday. (athletic shoes, football cleats, MJH shorts, MJH shirt)
- 13. 8<sup>th</sup> grade does not practice on 7<sup>th</sup> grade game days, 7<sup>th</sup> grade does not practice on 8<sup>th</sup> grade game days.
- 14. Parents are to pick up players from practice in the car rider line, or the big back parking lot (school events, volleyball games)



#### **Montgomery Junior High Code of Conduct**

Athlete behavior expectations are aligned with the code of conduct included in the MJH Student/Parent Handbook.

#### **MJH Boys Athletics Standards for Conduct**

- 1. Demonstrate respect to peers, coaches, teachers, administrators, players and coaches from other schools even when others do not.
- 2. Behave responsibly, always practicing self discipline.
- 3. Be on time to the athletic period, at your locker, dressed and ready for the athletics class.
- 4. Be prepared with the necessary equipment, athletic shoes, school issued shirt and shorts and other equipment needed for sport.
- 5. Respect the property of peers and the property of the school, including facilities, lockers, sport equipment, school issued clothes and uniforms.
- 6. Cooperate with the coaching staff, teachers, administrators, game officials, coaches from other schools while maintaining safety, order, and discipline.
- 7. Always adhere to the requirements of the MJH Student Code of Conduct.



## Game Day (Home and Away)

- 1. Online ticket purchasing only for games, links will be shared by email each week.
  - tickets go on sale 8:00am on game day, \$5 adults, \$3 students.
  - buying ahead of time will allow you to open and screenshot, save to wallet.
- 2. Uniforms are passed out on game day, not allowed to be worn in school.
- 3. Uniforms must be returned to MJH after the game. (Give to coach if riding home with parent)
- 4. Packed lunch boxes can be brought for after school meals before the game.
- 5. Times to bring food during the school day:
  - during athlete's lunch period, front office will take it to cafeteria to him.
  - after school to the back of the locker room, text so he can meet you in the back.
- 6. Athletes who cannot practice responsible behavior on game days will have to call home to be picked up by parent.
- 7. Players are to stay after school and ride to the contest with the team, on the school bus.
- 8. Parents and fans are encouraged to show respect for all athletes, coaches, and game officials who work hard to prepare for each contest.
- 9. MJH players will demonstrate a respectful behavior to all game officials, opposing players, opposing coaches, and all fans in attendance.
- 10. Parents must complete an MISD alternate travel form if taking a player home after a contest. <u>This</u> form must be turned in to Coach Faigle the day before the contest. (MISD policy)
- 11. Players return to MJH after an away game to be picked up by parent in the big back parking lot.
- 12. Home games at MJH are crowded. Seating is limited. Can bring picnic chairs.

